

# NHS Health Check – Data extraction - Easy Read

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## About this leaflet



This leaflet is made by the Down's Syndrome Association and Public Health England.



It is in **Easy Read**.

**Easy Read** means easy words with pictures to help everyone understand.

## Who is this leaflet for?



This information is for people who have received an invitation to an **NHS Health Check**.

## What is an NHS health check?



The **NHS Health Check** started in 2009.



Public Health  
England



**Public Health England** helps look after the **NHS Health Check** programme.

The **NHS Health Check** is a free check-up of your health. People aged 40 to 74 years old are invited to a check.

You should have an **NHS Health Check** every five years with your doctor or another medical person to

help you look after your health.

## The NHS and Public Health England want some information



The NHS and Public Health England want **information** about how well **NHS Health Checks** are working.



## Why do the NHS and Public Health England need this information?

This **information** will tell us if the **NHS Health Check service** is

working.

It will help **doctors, nurses and pharmacists** to do their job better.

**NHS Digital will help the NHS to get the information they need**

**NHS**  
**Digital**



**NHS Digital** gives information about our **health** to the **government**.



The **Government** runs services that keep us **healthy**.



**NHS Digital** will be asking **doctors** for information about **NHS Health Checks**.



They want to find out how many people are invited to have an **NHS Health Check**.



They also want to know how many people go to their **NHS Health Check**

They will **start** working in June 2018.

**What will they do with the information?**



**NHS Digital** will give the information to **Public Health England**.



The NHS would like your help with this study

It is up to **you** if you want to take part. You can say **no** if you want to.



NHS Digital will ask your doctor for **information** about your health from your medical record.



They will not share your name or any other **personal information** with anyone.



They will look at all the **information**. They will use it to make some **reports**.



The **reports** will be put on a website for everyone to see.



If you **do not** want **NHS Digital** to have any of your information, **tell your doctor**.